



BREAKFAST AND LUNCH ~EVERYDAY 9AM - 3PM

HAPPY HOUR 3-5PM ~ DINNER 4-9PM (10PM FRI & SAT)

FRIDAY, MAY 9

FALAFEL BOWL ~20

HOUSE MADE FALAFEL, LEMON DILL VINAIGRETTE, BLISTERED CHERRY TOMATOES, COUSCOUS,
PICKELED SHALLOTS, ARUGULA, TAHINI & TZATZIKI

QUICHE ~15

FETA, SUNDRIED TOMATOES, CONFIT GARLIC, SPINACH
FRIED POTATOES WITH CARAMELIZED ONIONS OR HOUSE CUT FRIES OR CUP OF DAILY SOUP

SUB: ORGANIC GREENS OR FRESH CUT FRUIT +\$2

DAILY SOUP: ~ CUP 8 ~ BOWL 12 ~FRESH BAKED BREAD & BUTTER +1.5

JALAPEÑO CHEDDAR

DESSERTS

NEW YORK CHEESECAKE ~13

MANGO COMPOTE

BLACKBERRY & CHEDDAR BREAD PUDDING ~12

HOUSEMADE VANILLA ICE CREAM & CARAMEL SAUCE

DARK CHOCOLATE MOUSSE ~13 (GLUTEN-FREE)

CRANBERRY COULIS & SHAVED WHITE CHOCOLATE

LUNCH WINE 6oz ~10 9oz ~14.75

MT. BOUCHERIE CHARDONNAY OKANAGAN & ANTAÑO RESERVA RIOJA, SPAIN

ON TAP

20oz PINTS ~ 9.5 10oz HALF PINT ~ 5.75

HELIOS GOLDEN LAGER ~5% HOYNE, VICTORIA

POTT'S PILSNER ~5% MOON UNDER WATER, VICTORIA

LAKETOWN LAGER ~4.8% RED ARROW BREWERY, DUNCAN

BERRY LEMONADE DINO SOUR ~4.2% PHILLIPS, VICTORIA

DRIFTWOOD PALE ALE ~5% DRIFTWOOD, ESQUIMALT

GLITTERBOMB HAZY PALE ALE ~5% PHILLIPS, VICTORIA

TIGER SHARK CITRA PALE ALE ~4.7% PHILLIPS, VICTORIA

REVERB INDIA PALE ALE ~6.4% PHILLIPS, VICTORIA

AMONG GIANTS I.P.A ~6.7% HOYNE, VICTORIA

MORE BEERS

HOYNE PILSNER 650ML BOTTLE ~14 HOYNE DARK MATTER 650ML BOTTLE ~14 HOYNE

FAT TUG IPA 650ML BOTTLE ~14 DRIFTWOOD

GUINNESS STOUT 440ML TALL CAN ~ 10 IRELAND

LAKETOWN (GLUTEN FREE) PILSNER 473ML TALL CAN ~ 10

PERONI LAGER 330ML BOTTLE ~ 9.5 ITALY

Non Boozy Beers

HEINEKEN 330ML BOTTLE ~8.5 0%ABV

ATHLETIC RUN WILD IPA 355ML CAN ~7.5 0.5% ABV

IOTA HAZY IPA 355ML CAN ~7.5 PHILLIPS, VICTORIA 0.5% ABV

500ml Bottles of Cider ~13

SCENIC ROAD RAZZ SEMI-DRY RASPBERRY & APPLE 6.7%

BLOODY GOOD CAESARS

MADE WITH CLAMATO, WORCESTERSHIRE, TABASCO & A TOUCH OF HORSERADISH

CLASSIC CAESAR FINLANDIA VODKA, CELERY & AN OLIVE ~9

DILL PICKLE CAESAR FINLANDIA VODKA, PICKLE JUICE & A DILL PICKLE ~9

JALAPEÑO CAESAR TOFINO JALAPEÑO VODKA & HOUSE PICKLED JALEPEÑO ~9.5

BLUE CHEESE, BACON & GIN CAESAR BEEFEATER GIN, LOCAL BACON, STILTON STUFFED OLIVE ~11

TEQUILA OYSTER CAESAR CAZADORES BLANCO, FRESH SHUCKED OYSTER ~11

STILLHEAD WHISKY & BACON CAESAR LOCAL RYE WHISKY & BACON ~11

<u>SPARKLING</u>	6oz / 9oz / BTL	<u>ROSÉ</u>	6oz / 9oz / BTL
UNSWORTH CHARME DE L'ÎLE COWICHAN VALLEY, VANCOUVER ISLAND	14 / 20.5 / 55	DOMAINE HOUCHART ROSÉ PROVENCE, FRANCE	13 / 19 / 50
		UNSWORTH ROSÉ COWICHAN VALLEY	55
<u>WHITES</u>	6oz / 9oz / BTL	<u>REDS</u>	6oz / 9oz / BTL
BLUE GROUSE ESTATE PINOT GRIS COWICHAN VALLEY	13 / 19 / 50	MARICHEL ESTATE SYRAH OKANAGAN VALLEY, BC	13 / 19 / 50
HOWLING BLUFF SAUVIGNON BLANC OKANAGAN VALLEY	13 / 19 / 50	ZUCCARDI MALBEC MENDOZA, ARGENTINA	13 / 19 / 50
MT. BOUCHERIE CHARDONNAY OKANAGAN VALLEY	13 / 19 / 50	CHÂTEAU PEY LA TOUR BORDEAUX, FRANCE	13 / 19 / 50
BURROWING OWL SAUVIGNON BLANC OKANAGAN VALLEY	65	PIRRAMIMMA SHIRAZ MCLAREN VALE, AUSTRALIA	65
UNSWORTH CHARDONNAY COWICHAN VALLEY	65	QUAIL'S GATE OLD VINES FOCH OKANAGAN VALLEY	55
LA PIERRELÉE CHABLIS CHABLIS, FRANCE	75	BURROWING OWL MERLOT OKANAGAN VALLEY	65
JOIE NOBLE BLEND OKANAGAN VALLEY	55	FAMILLE PERRINS LES SINARDS CHÂTEAUNEUF-DU-PAPE, FRANCE	100
SELBACH RIESLING MOSEL, GERMANY	50	BERINGER KNIGHTS VALLEY CAB SAUV NAPA VALLEY, CALIFORNIA	85
		LOUIS LATOUR PINOT NOIR BURGUNDY, FRANCE	85

COCKTAILS

SAZEROCK ~ 17 (2oz)

JELLYFISH ABSINTHE RINSE, **STILLHEAD'S RYE WHISKY**, **PEYCHAUD'S BITTERS**, FRESH LEMON

TOFINO MULE ~ 15 (2oz)

TOFINO'S **JALEPEÑO VODKA**, COCK N' BULL GINGER BEER, FRESH LIME

RHUBARB LEMONADE ~ 15 (2oz)

SHERINGHAM'S **RHUBARB GIN**, LEMON JUICE, SIMPLE SYRUP, SODA, RHUBARB BITTERS

DRIFTWOOD GIMLET ~15 (2oz)

DRIFTWOOD'S **PARABOLA GIN**, FRESH LIME, FRESH LEMON, DROP OF SIMPLE SYRUP, SHAKEN

COWICHAN BAY COSMO ~15 (2oz)

STILLHEAD'S **BLACKBERRY VODKA**, **COINTREAU**, FRESH LIME & ORANGE, SPLASH OF CRANBERRY

SEASIDE NEGRONI ~ 16 (3oz)

EQUAL PARTS: **SHERINGHAM'S SEASIDE GIN**, **CAMPARI**, **CINZANO**, FRESH ORANGE

DARK & STORMY ~ 15 (2oz)

GOSLING'S BLACK RUM, COCK N' BULL GINGER BEER, FRESH LIME

WHISKY OR WHISKEY SOUR (2oz)

LEMON JUICE, EGG WHITES, SIMPLE SYRUP, ANGOSTURA BITTERS, FRESH ORANGE

STILLHEAD VANCOUVER ISLAND RYE WHISKY ~17 **BEARFACE CANADIAN WHISKY ~17**

BLACK BUSH IRISH WHISKEY ~17

MARGARITA GRANDE ON THE ROCKS (2oz)

3 PARTS TEQUILA, 1 PART GRAND MARNIER, FRESH LIME, EGG WHITES, SIMPLE SYRUP, COARSE SALT
CAZADORES BLANCO ~17 OR **DON JULIO REPOSDAO ~25** OR **PATRON AÑEJO ~25**

WEST COAST PICK ME UP ~ 16 (2oz)

TOFINO'S ESPRESSO VODKA, **KAHLUA**, **BAILEY'S**, FRESH BREWED **FARM & FOREST ESPRESSO**

NON BOOZY COCKTAILS ~8

LUFT BALLOON

COLD BERRY TEA, LEMON JUICE, VANILLA SIMPLE SYRUP, EGG WHITES, SHAKEN

HIGH TEST TONIC

FRESH BREWED **FARM & FOREST ESPRESSO**, FRESH LEMON & TONIC ON THE ROCKS