



BREAKFAST AND LUNCH EVERYDAY ~ 9AM - 3PM

DINNER ~ 4PM RIGHT UP TO 10PM (9PM ON SUNDAY)

AUGUST 1

STEAK AND EGG TACOS ~ 22

C.A.B FLANK STEAK, SCRAMBLED EGG, GUACAMOLE, REFIRED BEANS, PICKLED RED ONIONS, CILANTRO LIME CREMA, CRISPY TORTILLA STRIPS. ON 3 WARM TORTILLAS
HOUSE CUT FRIES OR CUP OF DAILY SOUP

QUICHE ~15

MEDITERRANEAN OLIVES, ROASTED RED PEPPER, HAVARTI AND THYME
FRIED POTATOES WITH CARAMELIZED ONIONS OR HOUSE CUT FRIES OR CUP OF DAILY SOUP

SUB IN:

ORGANIC GREENS WITH DIJON-SHALLOT VINAIGRETTE **OR** FRESH CUT FRUIT +2 ~ NEW ENGLAND CHOWDER +4

TODAY'S SOUP:

BORSCHT

DESSERTS

MAPLE WALNUT BACON BREAD PUDDING ~12

HOUSE MADE VANILLA ICE CREAM, CARAMEL SAUCE

BLUEBERRY MINT CRÈME BRÛLÉE ~12

CHOCOLATE DOMED MOUSSE ~13 (GLUTEN FREE)

CRANBERRY COULIS AND SHAVED WHITE CHOCOLATE

LUNCH WINE

TRIVENTO MALBEC MENDOZA, ARGENTINA **CHATEAU ST. MICHELLE CHARDONNAY** COLUMBIA VALLEY

6oz ~10 9oz ~14.75

BEERS ON TAP

20oz PINTS ~ 9.5 10oz GLASS ~ 5.75

TILT LAGER ~ 5% PHILLIPSHJ, VICTORIA

NIGHTWATCH COFFEE LAGER ~ 5% LIGHTHOUSE, ESQUIMALT

RASPBERRY LIME DINO SOUR ~ 4.2% PHILLIPS, VICTORIA

WHITE BARK WITBIER ~ 5% DRIFTWOOD, ESQUIMALT

FRENCH BLANCHE ~ 5.1% HOYNE, VICTORIA

SMOOTH OPERATOR HAZY PALE ALE ~ 5.3% SWIFT, VICTORIA

WEST COAST I.P.A. ~ 7% VANCOUVER ISLAND BREWERY

HELIOS GOLDEN LAGER ~ 6% HOYNE, VICTORIA

ISLAND GROWN LAVENDER & HIBISCUS I.P.A ~ 7% MOON UNDER WATER, VICTORIA

MORE BEERS

HOYNE ABBEY STYLE DUBBEL 650ML BOTTLE ~14 HOYNE

HOYNE PILSNER 650ML BOTTLE ~14

DARK MATTER 650ML BOTTLE ~14 HOYNE

FAT TUG IPA 650ML BOTTLE ~14 DRIFTWOOD GUINNESS STOUT 440ML TALL CAN ~ 10 IRELAND

LAKETOWN (GLUTEN FREE) PILSNER 473ML TALL CAN ~ 10 MILWAUKEE PERONI LAGER 330ML BOTTLE ~ 9.5 ITALY

NON BOOZY BEERS

BECK'S LAGER 330ML BOTTLE ~8 GERMANY 0% ABV NONNY IPA 355ML CAN ~8 VANCOUVER 0.5% ABV

IOTA HAZY IPA OR IOTA PILSNER 355ML CAN ~8 PHILLIPS, VICTORIA 0.5% ABV

500ML BOTTLES OF CIDER ~13

TWISTED PEAR SEMI-DRY PEAR & APPLE ~ 6.5%

NOMAD APPLE SEMI-DRY APPLE ~ 6.5%

SCENIC ROAD RAZZ SEMI-DRY RASPBERRY & APPLE ~ 6.7%

BLOODY GOOD CAESARS

WORCESTERSHIRE, TABASCO & A TOUCH OF HORSERADISH

CLASSIC CAESAR FINLANDIA VODKA, CELERY & AN OLIVE ~9.5

DILL PICKLE CAESAR FINLANDIA VODKA, PICKLE JUICE & A DILL PICKLE ~9.5

BOURBON & BACON CAESAR MAKER'S MARK & LOCAL BACON ~ 12

JALAPEÑO CAESAR TOFINO JALAPEÑO VODKA & HOUSE PICKLED JALEPEÑO ~10

BACON, GIN & BLUE CHEESE CAESAR BEEFEATER GIN, LOCAL BACON, STILTON STUFFED OLIVE ~12

TEQUILA OYSTER CAESAR CAZADORES BLANCO, FRESH SHUCKED OYSTER ~12

WINES

<u>SPARKLING</u>	6oz / 9oz / BTL	<u>ROSÉ</u>	6oz / 9oz / BTL
JAUME SERRA CAVA SPAIN	12.25 / 18 / 48	SANTA MARGHERITA ROSÉ TRIVENTO, ITALY	13 / 19 / 50
UNSWORTH CHARME DE L'ÎLE COWICHAN VALLEY, VANCOUVER ISLAND	16 / 23.5 / 60		
<u>WHITES</u>	6oz / 9oz / BTL	<u>REDS</u>	6oz / 9oz / BTL
BLUE GROUSE ESTATE PINOT GRIS COWICHAN VALLEY, VANCOUVER ISLAND	13 / 19 / 50	MARICHEL ESTATE SYRAH OKANAGAN VALLEY, BC	13 / 19 / 50
HOWLING BLUFF SAUVIGNON BLANC OKANAGAN VALLEY, BC	13 / 19 / 50	TRIVENTO MALBEC MENDOZA, ARGENTINA	13 / 19 / 50
CHÂTEAU STE MICHELLE CHARDONNAY COLUMBIA VALLEY, WASHINGTON	13 / 19 / 50	COLUMBIA CREST CAB SAUV COLUMBIA VALLEY, WASHINGTON	13 / 19 / 50
BURROWING OWL SAUVIGNON BLANC OKANAGAN, BC	65	PIRRAMIMMA SHIRAZ MCLAREN VALE, AUSTRALIA	65
SONOMA CUTRER RUSSIAN RIVER RANCHES CHARDONNAY SONOMA VALLEY, CALIFORNIA	65	QUAIL'S GATE OLD VINES FOCH OKANAGAN VALLEY, BC	55
LA PIERRELÉE CHABLIS CHABLIS, FRANCE	75	BURROWING OWL MERLOT OKANAGAN VALLEY, BC	65
JOIE NOBLE BLEND OKANAGAN, BC	55	CHÂTEAU DE LA GARDINE CHÂTEAUNEUF-DU-PAPE, FRANCE	120
SELBACH RIESLING MOSEL, GERMANY	55	AUSTIN HOPE CABERNET SAUVIGNON PASO ROBLES, CALIFORNIA	140
		BERINGER KNIGHTS VALLEY CAB SAUV NAPA VALLEY, CALIFORNIA	85
		LOUIS LATOUR PINOT NOIR BURGUNDY, FRANCE	85

COCKTAILS

TOFINO MULE ~ 16 (2oz)

TOFINO DISTILLERY'S JALEPEÑO VODKA, COCK N' BULL GINGER BEER, FRESH LIME

RHUBARB LEMONADE ~ 16 (2oz)

SHERINGHAM DISTILLERY'S RHUBARB GIN, LEMON JUICE, SIMPLE SYRUP, SODA, RHUBARB BITTERS

DRIFTWOOD GIMLET ~16 (2oz)

PARABOLA GIN, FROM DRIFTWOOD BRWERY, SHAKEN WITH FRESH LIME & FRESH LEMON, DROP OF SIMPLE SYRUP

COWICHAN BAY COSMOPOLITAN ~16 (2oz)

STILLHEAD DISTILLERY'S WILD BLACKBERRY VODKA, COINTREAU, FRESH LIME & ORANGE, SPLASH OF CRANBERRY, SHAKEN

SEASIDE NEGRONI ~ 16 (3oz)

EQUAL PARTS: **SHERINGHAM'S SEASIDE GIN**, CAMPARI, CINZANO, FRESH ORANGE TWIST

SAZER ROCK ~ 16

TOFINO DISTILLERY'S PSYCHEDELIC JELLYFISH ABSINTHE SHAKEN ON ICE, TOPPED WITH SPANISH BUBBLY

DARK & STORMY ~ 16 (2oz)

GOSLING'S BLACK RUM, COCK N' BULL GINGER BEER, FRESH LIME

WHISKY OR WHISKEY SOUR (2oz)

LEMON JUICE, EGG WHITES, SIMPLE SYRUP, ANGOSTURA BITTERS, FRESH ORANGE

STILLHEAD DOUBLE OAK RYE WHISKY ~17 **BULLEIT BOURBON** AMERICAN WHISKEY ~16 **BLACK BUSH** IRISH WHISKEY ~17

MARGARITA GRANDE ON THE ROCKS (2oz)

CHOICE OF TEQUILA (3 PARTS), GRAND MARNIER (1 PART), FRESH LIME & LEMON, EGG WHITES, SIMPLE SYRUP, COARSE SALT

CAZADORES BLANCO ~16 OR **DON JULIO REPOSDAO ~24** OR **PATRON AÑEJO ~24**

WEST COAST PICK ME UP ~ 16 (2oz)

TOFINO DISTILLERY'S ESPRESSO VODKA, KAHLUA, BAILEY'S, FRESH BREWED **FARM & FOREST ESPRESSO**

NON BOOZY COCKTAILS

LUFT BALLOON ~ 8.5

FRESH BREWED COLD BERRY TEA, LEMON JUICE, VANILLA SIMPLE SYRUP, EGG WHITES, SHAKEN

HIGH TEST TONIC ~ 8.5

2 SHOTS OF **FARM & FOREST ESPRESSO** (DECAF AVAILABLE),
POURED SLOWLY OVER FRESH LEMON & TONIC WATER ON THE ROCKS